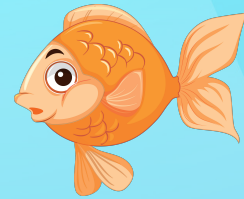
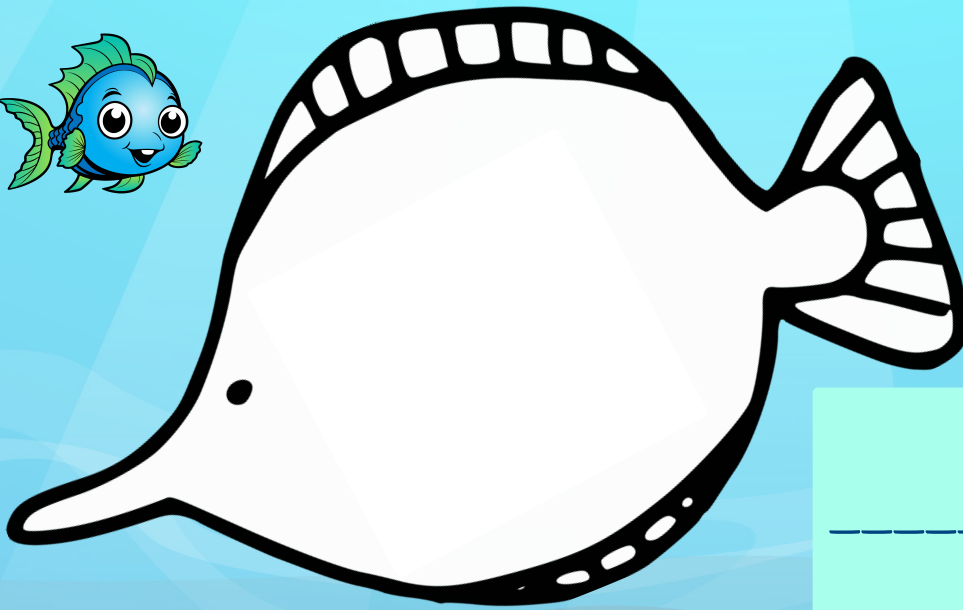


Ocean of Courage



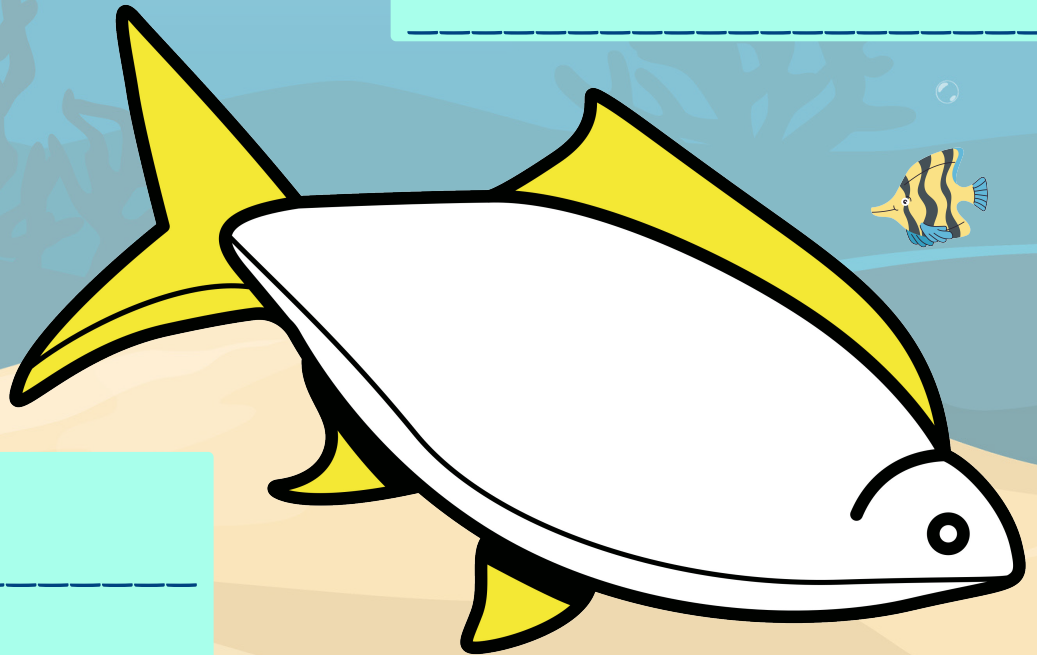
Write or draw two new experiences you would like to try on the fish below.

Complete the sentence next to it. An example could be: "I might feel nervous about joining a new club, but I can help myself by going with a friend".



I might feel

I can help myself by



I might feel

I can help myself by



I would like to try painting.